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## The Food of Working Women in Boston Volume 10; An Investigation by the Department of Research, Women's Educational and Industrial Union, Boston (Paperback)

By Women's Educational and Research

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1917 Excerpt: .their lack of distinctive flavors and in part to ignorance of their food value. One woman explained that she considered corn meal a cheap food, and she thought cheap foods were not as nourishing as expensive ones. Spinach appeared very seldom on the menu, and bacon was little used. It is hard to account for the small consumption of fish. Many people dislike the flavor of boiled fish, and few know how to make appetizing sauces to improve this flat taste. Frying and broiling seem means of preparation used but seldom. Conclusions. Although the women living away from their homes in Boston who were studied in this investigation were engaged in various occupations, and differed greatly in age and in nationality, they had evolved a real standard of living suited to their needs. As wages advanced, expenditures for food and for rent increased, but not at...


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