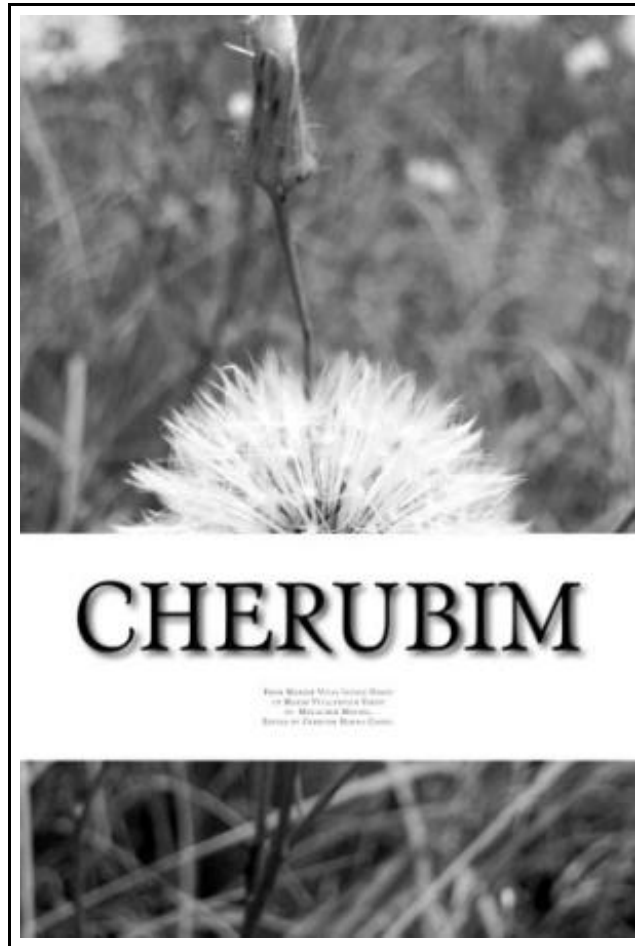# Cherubim: How Hope Got Me to Survive (Paperback)

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Reviews

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CHERUBIM: HOW HOPE GOT ME TO SURVIVE (PAPERBACK)

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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Everyone has an outlet, and writing poetry is mine. When you read on you will see how my life, and writing style have changed since I was thirteen to now. The poems show the journey I went through, the pain I endured, and the heartbreak I had. My poetry was about the inner discoveries that I had. When I was six years old, I went deep into a manic depressive state. It started when I walked in on my mother trying to kill herself. Hearing her say Goodbye got me trapped. Then, at thirteen years old after I was first sexually assaulted is when I tried to end my life, which secured my manic-depressive reality. That s when I started to write. My poems were messages for myself. I would always tell my friends that I felt like I was not even the one writing them. I felt like something took me over. My poems gave me the strength I needed to break out of my chemically induced manic depression. Since I was thirteen years old I would torture myself and blame myself for all the pain that I was enduring. My poems were my inner self trying to leave clues so I could once again be happy. By stopping an addiction that I had for ten years, I finally became myself. I finally let go of the pain. I want to prove how my faith got me out of my chemically induced manic depression. From now on I will go on a journey to become closer to Hashem again. I will live the rest of my life as Menachem Mendel. The next book I...

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