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Movers, Dreamers and Risk-Takers: Unlocking the Power of ADHD

By Kevin Roberts

Hazelden Publishing & Educational Services. Paperback. Book Condition: new. BRAND NEW, Movers, Dreamers and Risk-Takers: Unlocking the Power of ADHD, Kevin Roberts, Learn to tap the skills and talents unique to those with ADHD and enhance your ability to succeed socially, academically, and in your career. An inability to focus, impulsiveness, misbehaviour, frequent daydreaming, and a predisposal to addiction are frequently referenced traits of Attention Deficit Hyperactivity Disorder (ADHD). But what about the gifts of ADHD? In Movers, Dreamers, and Risk Takers, Kevin Roberts, author of Cyber Junkie, takes a fresh approach to this much-written-about topic to help those with ADHD--their parents, teachers, and friends--to tap the hidden strengths and actual advantages inherent in the ADHD personality. Those with ADHD have a predisposition to confronting the challenges of life and a deep preference for perceiving the world creatively. Roberts helps readers appreciate how the perceptual, interpersonal, and cognitive differences of "ADHDers" like these can be translated into unique skills and talents that can enhance their ability to be successful socially, academically, and in their careers. Roberts combines the latest research with personal stories, as well as insights born from his work with those with ADHD. He shows readers how to...



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This kind of pdf is almost everything and made me seeking forward and much more. It is actually packed with wisdom and knowledge You will not really feel monotony at whenever you want of your own time (that's what catalogs are for about when you question me).

-- **Martina Maggio**

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