



One Mans Everest

By Kenton Cool

Preface Publishing, London, 2015. Paper back. Book Condition: New. 24 cms. 699pp. The story that emerged from the Everest base camp on 21st May 2013 was remarkable even in its bare essentials. A British climber had marked the 60th anniversary of the first ascent of the worlds highest peak by climbing not just Everest but the two huge mountains next to it, all in one go. It was an astonishing feat of endurance. Kenton Cool and his Sherpa partner, Dorje Gylgen, had gained and lost ten vertical kilometres in the 120 hours it took them to climb Nuptse, Everest and Lhotse. They had barely slept or eaten. Theyd burnt so many calories that Cool staggered back from Lhotse two stone lighter than when he had set out on the 15th. It was the first time anyone had done the whole enormous Everest horseshoe in a single push. Kenton Cools first venture into serious rock climbing was, fittingly, a very severe one on the South Coast near Swanage that had Cool battling for his life, exhausted and exhilarated. That summer he went straight out to the Alps, and stormed up mountains that many climbers will spend lifetimes dreaming of but never...



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