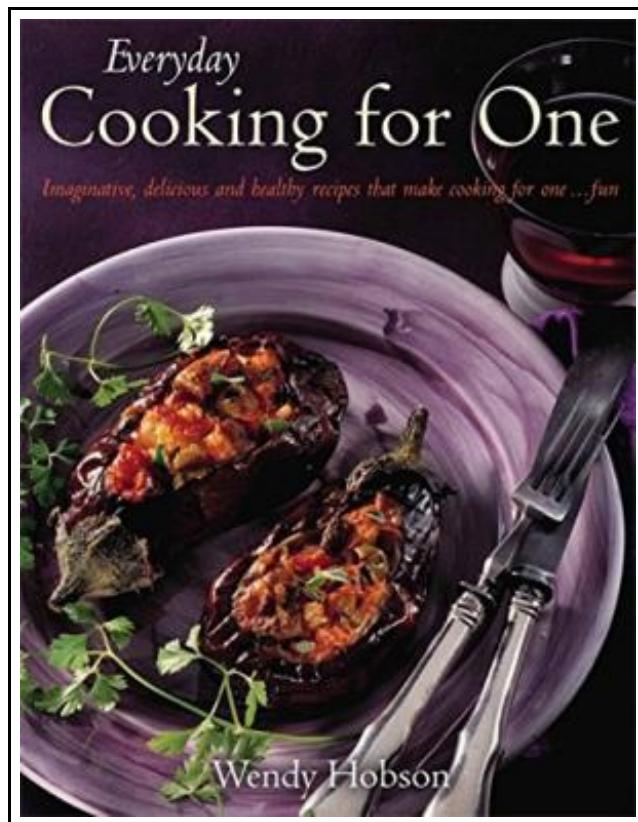


Everyday Cooking For One: Imaginative, Delicious and Healthy Recipes That Make Cooking for One . Fun



Filesize: 6.21 MB

Reviews

This publication is indeed gripping and intriguing. It is actually written in basic terms and not difficult to understand. I am just pleased to explain how here is the greatest publication we have read through during my own lifestyle and could be the best pdf for at any time.

(Ervin Crona)

EVERYDAY COOKING FOR ONE: IMAGINATIVE, DELICIOUS AND HEALTHY RECIPES THAT MAKE COOKING FOR ONE . FUN

DOWNLOAD



To download **Everyday Cooking For One: Imaginative, Delicious and Healthy Recipes That Make Cooking for One . Fun** PDF, make sure you click the link listed below and download the file or have access to additional information which are in conjunction with **EVERYDAY COOKING FOR ONE: IMAGINATIVE, DELICIOUS AND HEALTHY RECIPES THAT MAKE COOKING FOR ONE . FUN** book.

Little, Brown Book Group. Paperback. Book Condition: new. BRAND NEW, Everyday Cooking For One: Imaginative, Delicious and Healthy Recipes That Make Cooking for One . Fun, Wendy Hobson, Living on your own doesn't mean losing out on interesting and healthy food. Nor does it have to involve the often unreliable business of quartering recipes! Here is a collection of simple, delicious meals - specially designed for one - that will ensure you enjoy your everyday eating. You'll find useful tips for shopping and stocking your food cupboard and delicious recipes for everything from snacks to main courses with fish, meat and vegetables. Quick, easy and economical, the recipes are designed to make everyday cooking exciting, and to keep your diet healthy and balanced. Some recipes just don't work in small quantities, and that could include some of your favourites. A unique feature of this book is the inclusion of really tasty recipes - such as casseroles, roasts and cakes - that show you how to create four different meals from one single cooking session. So you can try: Braised Tender Lamb, then reinvent it as Lamb with Mediterranean Couscous, Lamb with Crisp Courgettes and Parsnip-topped Lamb. Or treat yourself to: Roast Lemon-infused Chicken, then enjoy Chicken Filo Parcels, Sweet and Sour Chicken and Chicken with Pancetta. Or simply enjoy just-for-one treats such as: Caramelised Onion and Goats' Cheese Puffs, Salmon Steak with Summer Vegetable Parcels, Spinach and Avocado Salad with Pancetta, Honey-drenched Tunisian Almond Cake. Author Wendy Hobson has spent a career working in and around cooking. She has written several books - including *Classic 1000 Cake & Bake Recipes*, *Classic 1000 Recipes* and *The Kitchen Companion* - and edited many more. She loves being able to cook in small quantities to please herself as well as in larger amounts to share with family and friends. Contents: KEY POINTS - Includes a healthy, balanced range of dishes; economical, quick and easy. -...



[Read Everyday Cooking For One: Imaginative, Delicious and Healthy Recipes That Make Cooking for One . Fun Online](#)



[Download PDF Everyday Cooking For One: Imaginative, Delicious and Healthy Recipes That Make Cooking for One . Fun](#)

Related eBooks



[PDF] Adult Coloring Books Reptiles: A Realistic Adult Coloring Book of Lizards, Snakes and Other Reptiles (Paperback)

Access the link below to read "Adult Coloring Books Reptiles: A Realistic Adult Coloring Book of Lizards, Snakes and Other Reptiles (Paperback)" document.

[Read PDF »](#)



[PDF] The Voice Revealed: The True Story of the Last Eyewitness (Paperback)

Access the link below to read "The Voice Revealed: The True Story of the Last Eyewitness (Paperback)" document.

[Read PDF »](#)



[PDF] Chicken Licken - Read it Yourself with Ladybird: Level 2 (Paperback)

Access the link below to read "Chicken Licken - Read it Yourself with Ladybird: Level 2 (Paperback)" document.

[Read PDF »](#)



[PDF] Hope for Autism: 10 Practical Solutions to Everyday Challenges (Paperback)

Access the link below to read "Hope for Autism: 10 Practical Solutions to Everyday Challenges (Paperback)" document.

[Read PDF »](#)



[PDF] The Trouble with Trucks: First Reading Book for 3 to 5 Year Olds

Access the link below to read "The Trouble with Trucks: First Reading Book for 3 to 5 Year Olds" document.

[Read PDF »](#)



[PDF] Too Old for Motor Racing: A Short Story in Case I Didn't Live Long Enough to Finish Writing a Longer One

Access the link below to read "Too Old for Motor Racing: A Short Story in Case I Didn't Live Long Enough to Finish Writing a Longer One" document.

[Read PDF »](#)