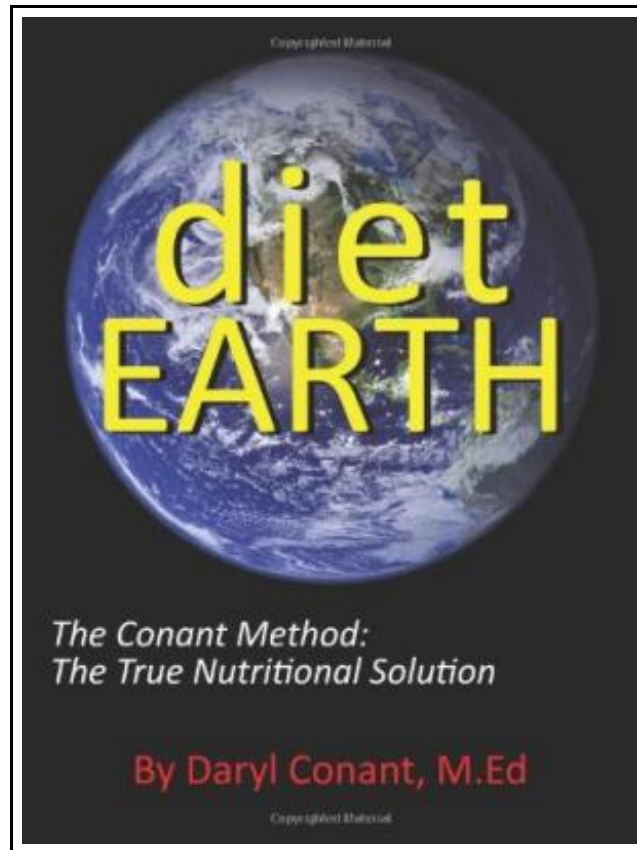


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(Antonetta Ritchie IV)

DIET EARTH: THE CONANT METHOD: THE TRUE NUTRITIONAL SOLUTION (PAPERBACK)



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AUTHORHOUSE, United States, 2010. Paperback. Book Condition: New. 274 x 208 mm. Language: English . Brand New Book ***** Print on Demand *****.Earth is a complex and mysterious planet. Its origin and purpose are not truly known. What we do know is that human civilization has to depend on the Earth for survival. The human being has been living off the Earth ever since the beginning of man's first breath. The Earth is designed to provide all the vital nutrients animals need to live by. However, due to the development of industrial factors and processed food, the vital nutrients of Earth are being compromised. Illness, organ disease, cancer, psychological disorders, and obesity are growing in astronomical proportions. All of these situations are a direct result of poor nutrition, processed foods, and the depletion of the Earth's vital nutrient supply. Diet Earth is a revolutionary change in the thinking of human nutrition. Daryl Conant teaches methods in how to eat, when to eat, why we need to eat and how important it is to eat raw nutrient rich organic foods. I believe that we have to take a stand against poor nutrition in America. We are losing the battle against obesity! As long as processed food, refined sugar, hydrogenated fats, trans fatty acids, excitotoxins, additives, and preservatives remain the staple of the American diet, human health will continue to worsen. The true answer for solving our out of control health care system is to teach Americans the truth about food. Diet Earth is my contribution to society in developing greater nutritional consciousness. Bon Appetite! Daryl Conant, M.Ed - Author.

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